







MAMMI Study

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MAMMI Study and you

Everyone here at the MAMMI study team hopes that you and your family are all happy, healthy and doing well! We hope that you are looking forward to the start of spring! Here are some updates on what we have been doing! Thank you to all of the women who took part in Sofia's interviews on birth trauma and family planning, and Silvia's focus groups on augmentation of labour. We are looking forward to sharing the results of this research soon! It's essential to have women's input and voices in all maternal health research.

New PhD role

The MAMMI study is delighted to announce that we are collaborating with TCD's School of Pharmacy and recruiting for a PhD position, which is fully funded by the Panoz Scholarship Programme on the topic of medication self-management and breastfeeding. This position is open to anyone with a health, social science or psychology background. For more information, please see https://pharmacy.tcd.ie/research/Panoz PhD.php



Publications and presentations

We have been busy at the MAMMI study lately and we are happy to share some recent publications and presentations with you!

- Hannon S, Gartland D, Higgins A, Brown SJ, Begley C, Daly D (2023) Physical health and comorbid anxiety and depression across the first year postpartum in Ireland (MAMMI study): A longitudinal populationbased study.
- ❖ Daly D (2023) Translating maternal health research into maternal health resources and practice. HSE Research and Development Share and Learn Seminar, 15 March. (Link to presentation will be available here soon https://hseresearch.ie/research-development-news/)

- De Wet M, Hannon S, Hannon K, Alexin A, Uusitalo S, Bartels I, Eustace-Cook J, Escuriet R, Daly D (2023) Systematic review of ethical issues in perinatal mental health research.
- ❖ Alos S, O'Malley D, Daly (2023) Augmentation of labour with synthetic oxytocin in Ireland: a crosssectional study. Trinity Health and Education International Research Conference 2023 (THEconf2023): 'Back to normal or forward to better? New horizons in healthcare'. 8-9 March.
- O'Malley, D., Higgins, A., Smith, V. (2023). Sexuality of the Couple in Postpartum and Early Parenthood (1st Year). In: Midwifery and Sexuality.
- Hannon, S, Higgins, A, Daly, D. (2023) Women's perspectives on resilience and research on resilience in motherhood: a qualitative study. <u>Health Expectations</u>.

National Women and Infants Health Programme (NWIHP)

Project 'Evaluation of postnatal hubs in Ireland'

We're delighted to say that Deirdre Daly has been invited to be the NWIHP's academic partner on evaluation of the postnatal hubs in five sites in Ireland (pilot programme). We have absolutely no doubt that all the information of you have shared with us over the last 10 years has helped drive these initiatives – **you** and **your** information is making a real and positive difference for women and their families - thank you!

MAMMI study resources

Remember that research from the MAMMI study, and the study's online course: Women's Health After Motherhood is available on our website for women all around to world to access whenever they need!

tcd.ie/mammi/

Keep in contact with the MAMMI study!

If you have changed address, help us stay in touch by letting us know at our email address: mammistudy@tcd.ie or call us on: 087 118 6762.